

CASA Classes

Summer's the time to tap into new talent and let your imagination soar! At *CASA*, there are endless options to explore. Campers in grades 1-7 fill their day with four different classes. Classes are listed below, by period. Just indicate your selections on the application forms. (All classes are open to grades 1-7, unless otherwise noted.)

Classes are filled on a first-come, first-served basis. *CASA* reserves the right to cancel any class or program that does not meet the minimum enrollment requirement.

PS: Please be sure to bring a smock for art class!

Period 1:

Aerobics Shake up to wake up! This rousing class gets sleepy bodies moving in no time flat.

Talent Show Love the limelight? Join other campers who want to showcase their talents, or combine your talents with others to produce an original show.

Art of all Nations Travel the world through global arts and crafts. New countries, techniques, and materials will take budding artists on a multinational journey.

Computer Clubhouse Test your tech skills with a wide variety of software, while you enjoy instructional games, converse with email pals, design your own web page, and more.

Drawing to Painting Broaden your artistic scope and learn to translate your on-paper drawings to acrylic paintings on canvas.

Good Morning CASA What's cookin'? Learn how to cook omelets, pancakes, muffins, poached eggs, and more breakfast treats. Yum!

Video Animation Engage in a variety of projects that reveal the marvels of animation. Using cut-out, stop-motion, and pencil animation techniques, students will write, produce and edit a short, narrative video of their own.

Ceramic Tiles and Mosaics The ancient art of mosaic comes to life as campers make their own ceramic tiles, master the technique of glazing, and learn to compose intricate masterpieces.

Swimming Everybody into the pool! Swimmers ride Sheridan's bus to American University, where instructors give group lessons. Grouped by ability, each lesson is 30-minutes long, every day. Due to popularity, we have split the class into two groups to accommodate more campers. First-shift swimmers must arrive at *CASA* by 8:30 am. We will notify you beforehand if your child is in the early session. Note: there is NO swimming on the first day of each session. Please include a \$60 swim fee with your application.

Fitness Fun You'll be movin' and groovin' as you hustle from station to station: jump ropes, hula hoops, running, gymnastics, and more will get your heart rate...and the fun factor...elevated!

Yoga Tap into greater self-expression, body-awareness, positive thinking, and environmental accord. You'll learn basic yoga poses, breathing techniques, and relaxation tips.

Period 2:

Charcoal, Ink, and Pastel Hone your mastery of these three essential art techniques – which will be your favorite?

Water Mania Splish-splash: cool down with water games. All games will be played on the playground, weather permitting.

CASA Design www.YOU.com! Learn the technology of computer layout and graphics as you design your personal web page. (This class is designed for campers entering grade 3-9).

Ceramics: Hand-building The traditional methods of ceramic hand-building – pinch, coil, and slab – are mastered in this class.

Make your own CASA Lunch Leave the baggie at home! Chow down on sandwiches, wraps, Spanish tortillas, pastas, salads, and more that you make in our *CASA* kitchen.

Handball and Tennis Bring your own racquet and prepare to rally. You'll learn the proper techniques of forehand, backhand serve and volley. This class is played against the wall on *CASA*'s outdoor "court," and on the UDC outdoor courts.

Hollywood Film Crew **Lights! Camera! Action!** Become a director, cameraperson, special effects operator, or sound designer and learn the tricks of movie-making...from behind the camera. (This class is designed for campers entering grades 4-7).

Mini-Musical Sing and dance, Broadway style. We will create a small adaptation of a favorite musical to perform at the *CASA* Art Festival. Acting, singing, and dancing talents are sure to improve...

Modern Dance Moved by music? Explore different movement qualities and develop rhythmic, spatial, and body awareness. Creative expression is encouraged.

Girls' Club Girls rock, and this class proves it! Self-confidence is enhanced through arts, crafts, and social discourse.

Jewelry Making Someone you love will love wearing the accessories you make in this class. A variety of materials and techniques help you create one-of-a-kind pieces.

Period 3:

Beginner Video Ready for you close-up? Get out the camcorder and explore the basics of moviemaking. You'll have the chance to create music videos, sitcoms, and dramas. (This class is designed for campers entering grades 1-4).

Drawing, Painting, and Sculpture The world of art is limitless; why settle for just one medium! Learn to draw, paint, and create sculpture using recycled materials as well as charcoal and paint.

Team Games Hey, Sport: this class is for you! Dodge ball, kickball, and volleyball are just a few of the many games you and your teammates will enjoy. Hone your playing skills and fine-tune your talent for cooperation and team spirit.

CASA Newspaper Extra! Extra! Write, edit, illustrate, design and publish the *CASA* newspaper. Roam the camp as you interview staff and campers, conduct polls, create puzzles, snap pictures

and put the paper "to bed." (This class is designed for campers entering grades 3-9).

Jazz/Hip Hop Get your groove on! Enjoy "street-style" Hip-Hop and jazz movement and appreciate the various influences jazz and urban music have on our culture.

Multicultural Vegetarian Cuisine Pack your appetite for this tour of the world's most delectable meat-free cuisine. You'll stir, simmer, and savor your way through global cultures.

CASA Musical There's no business like show business! Take part in *CASA*'s "full scale" Broadway-style production. Under the guidance of a talented group of theater artists/teachers, campers can act, dance, sing, and perform instruments, as well as learn the crafts of costume, prop, and set design. Auditions will be held at the start of camp. The performance will be staged at our Arts Fes-

tival on July 23 at 6:30pm and on July 24 at noon. Extra rehearsals during Festival Period or after camp hours may be needed. Note: this is a double-period class (periods 3 and 4). (This class is designed for campers entering grades 3-9).

Pottery Studio Few pastimes are as gratifying as the art of pottery-making. This small group class covers the techniques of hand-building, wheel throwing, and glazing. Take home an original, useable work of art!

Boys' Club Make new friends and strengthen your interpersonal skills through "guys only" social projects, games, and energizing activities.

Dance Around the World "May I have this dance?" May I have this dance?" From the Viennese waltz to the Brazilian samba, enjoy the wide world of dance. We'll cha-cha, merengue, and so much more.

Water Mania Splish-splash: cool down with water games. All games will be played on the playground, weather permitting.

Paper and Fiber Creations A bit of cloth, a length of yarn, a scrap of holiday wrap...you'll be amazed how random odds and ends come together to form beautiful, modern masterpieces. Packrats welcome!

Period 4:

Baking Move over, Betty Crocker! From cakes and cookies to muffins and breads, you'll master the delicious art of baking "from scratch."

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CASA TV Here's the scoop! You can become a reporter, news anchor, or television producer as you pursue the latest entertainment, sports, and "hard news" *CASA* stories.

Clever Clay Creations There are endless ways to mold clay and this class reveals them to you. You'll learn to craft imaginative, whimsical creations – perfect for gift giving!

Crazy Workshop Like to mix it up? This is the class for you! Different workshops might include wire sculpting, tie-dying, toy-making, printing...who knows...

Floor Hockey Conquer the basic techniques of fast-paced floor hockey in a non-competitive atmosphere.

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Ballet On your toes! Learn the correct body alignment, positions of the feet, elementary part de bras, locomotive movements, basic turns and jumps, and graceful dance combinations in this introduction to classical dance.

Wacky Water Games You're "all wet" when it comes to this fun-loving class. Play cold potato, water limbo, musical sprinkler, water balloon volley, and other silly, soaking sports.

Watercolor and Acrylic Paint Look around you... what do you see? Interpret the beauty of your world through the art of painting with watercolors and acrylics.

Chess for All It's strategic. It's intense. It's a great way to practice discipline and strengthen your intellect. But best of all, chess is fun!

Yoga Tap into greater self-expression, body-awareness, positive thinking, and environmental accord. You'll learn basic yoga poses, breathing techniques, and relaxation tips.